



Kiran College of Nursing & Allied Health Science

REGISTERED BY PAKISTAN NURSING COUNCIL ISLAMABAD



**NURSING
PROGRAMS**



**ALLIED HEALTH
SCIENCES**



**QUALITY
EDUCATION**



**PRACTICAL
TRAINING**



**AFFILIATED WITH
DOW UNIVERSITY OF
HEALTH SCIENCE**



**CLINICAL AFFILIATION WITH
ABBASI SHAHEED
HOSPITAL KARACHI**



**APPROVED BY
HEALTH DEPARTMENT
GOVERNMENT OF SINDH**



**Metroville, Zia Colony Plot # 148,
Sector 4/F, Orangi Towan Karachi.**



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Quaid-e-Azam's

Message for the Students

Our future is in the hands of our young generation and especially of students. It will be our students who will shape the future of Pakistan. Therefore, this is my message for the students of this newly born state, "Enter to College and go out with quality learnings for the wellbeing of humanity in particular and good well of all."





FLORENCE NIGHTINGALE'S MESSAGE FOR MANKIND

“We must care for the life after here before we leave”.

In the light of her message, human characters, should be of the noble standards and one should serve humanity and avoid malice, prejudice.



Message from The Managing Director Muhammad Saleem

According to the Message of God “life is a sacred trust for the next revolutionary improvement of human status”. Holy Scriptures as a whole illuminate the importance of life and make it obligatory to keep life safe and sound and not only that of humans but of all related to our environmental community along with other living organisms.

Life is sacred and loss of its status in any form afflicts our common society. As Allah(S.W.T) said in The Holy Quran and other Scriptures, “Loss of a single life is the loss of whole and protection of a single life is the protection of whole by value.” Nursing College provide health related services for the protection of lives. They help humanity as quality health which helps in building a healthy society. A healthy mother born healthy child.

As we know the need and importance of Health Care globally and locally. Our Nursing College is a step towards to provide services to all mankind on the earth. To maintain quality in the field of nursing and to provide skilled nurses, our institute equipped its students with quality education, up to date knowledge and cutting edge technology. Peace has well qualified educators and professional learning atmosphere. Our staff trained our students, emergency based approach to cope up with natural disasters and man-made follies of wars.

Globally and locally millions of nurses are required. Our skilled nurses can develop their families economic standard and can bring foreign exchange in billions to our homeland.

Message From Principal

The sacredness of life is a Universal fact but we cannot stand by this noble fact appropriately till the time we have no well-equipped healthcare institutions for the teaching and training of nurses.

This institute is established with the noble cause to provide opportunities to young generation to be skilled and to prepare to fight against viral, contagious and epidemic diseases.

I strongly hope that Kiran College of Nursing & Allied Health Science will play significant role in the field of nursing and quality health care. Quality of theoretical as well as practical education is the important pillars to strengthen the nation.

The aim of Kiran College of Nursing & Allied Health Sciences is to provide quality of education and technical skills to the students. Our facilities in terms of faculty and other things are excellent. We have a dynamic team of qualified faculty with diverse professional experience dedicated to teach, facilitate, and train the students according to international standards.

I welcome all the young nurses at Kiran College of Nursing & Allied Health Sciences and wish them to have great future.

Principal
Kiran College Of Nursing
& Allied Health Sciences



INTRODUCTION

Kiran College of Nursing & Allied Health Science was founded in 2026. It is clinical affiliated with Abbasi Shaheed Hospital and offers four years Generic BSN program as well as POST RN BSN in nursing field. It has aim to serve the healthcare community through quality teachings and training. Pakistan need a lot of nurses with standard knowledge and expertise and a place where students get professional level studies and be ready to serve and can handle local and global challenges. KCON building is adjacent with “Kiran Surgical Hospital” It is registered by the Pakistan Nursing Council (PNC), Islamabad and Sindh Government Health Department. More over we are affiliated with prestigious university of Pakistan Dow university of health sciences.

PNC has permitted to Kiran College of Nursing & Allied Health Sciences to provide its services in the field of health care. Kiran College of Nursing has modern infra-structure, state-of- the art building that having congenial environment, well qualified faculty, professional management, electronic teaching equipment, comfortable, furniture, medical chemical lab, anatomical, morphological aids and competitive services in overall aspects of nursing annexed with a standard hospital.

Kiran College of nursing teaches morality as well as technical education to young nurses to become skilled, smart, quick and right decision maker for well- being of mankind. Kiran College of Nursing & Allied Health Science future plan is to expand its horizon to provide various other nursing educational programs and different nursing specialization programs.

VISION

The aim of Kiran College of Nursing & Allied Health Science is to advancement towards the state of the art institution in the field of nursing and to get status in the exclusive nursing research and teaching field.

MISSION

The mission of Kiran College of Nursing & Allied Health Science is to serve the human community and strive hard for the protection of lives against diseases and other harmful activities and to give excellent way of education where we could equip our nurses with competitive knowledge of theory, experience, quality of moral and ethical values to meet the healthcare needs of the community through dissemination of knowledge and service.

GOALS

To provide students with the opportunities to serve and to lead and to full fill their potential in all domains. To provide firm foundation in the field of nursing, so they can easily handle issues closely related to healthcare development. To transform and tobring leadership quality in health care individuals to face the challenges. To furnish pave way for further developments and to achieve targets in the field of nursing. To impart the moral and the technical knowledge in young nurses, to fulfill the needs of society regarding mental as well as physical issues in urban and rural areas.

GLOBAL STANDARDS OF NURSING

Globally Nursing has got a noble status among other noble professions. Governments have worthily focused on its importance for normal and emergent needs.

Standards of nursing practice developed by the American Nurses Association (ANA) provide guidelines for nursing performance.

The registered professional nurse is required by law to carry out care in accordance with what other reasonably prudent nurses would do in the same or similar circumstances.

Thus, provision of high quality care consistent with established standards is critical.

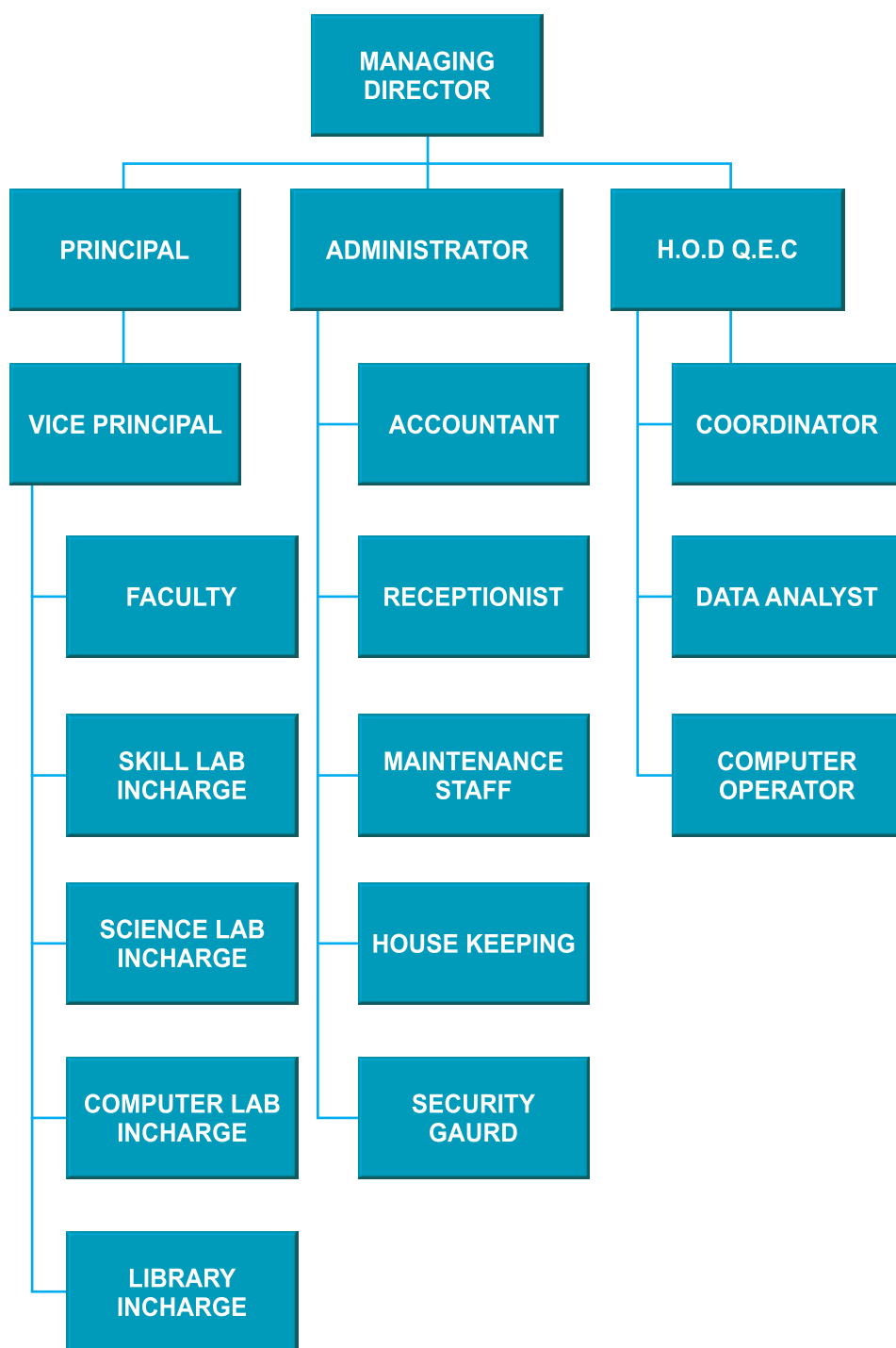
As defined by the American Nurses Association (ANA), standards of nursing practice consist of three components:

1. Professional standards of care define diagnostic, intervention and evaluation competencies.
2. Professional performance standards identify role functions in direct care, consultation and quality assurance.
3. Specialty practice guidelines are protocols of care for specific populations.



KIRAN COLLEGE OF NURSING & ALLIED HEALTH SCIENCES

Organigram



Admission Test Pattern & Eligibility

- » *This test will be conducted in province Sindh and KPK (Dir, Swat, Buner)*
- » *Students Will be informed for test center after Submission the form on call*
- » *The entrance test weightage will be as follows*
 - » *English 20%*
 - » *Biology 40%*
 - » *Physics 20%*
 - » *Chemistry 20%*
- » *Note: you should always keep your phone switched on so that you can answer our call.*





Mr. Muhammad Saleem

Director/ Founder

**Post RN BSN
(MSN in progress)**



Dr. Junaid Jamal

Chairperson

**MBBS (Gold Medalist,
Humdard University)**



Mr. Ahsan Manan

Principal

**Post RN BSN
MSN**



Dr Nargis Tabassum

Administrator

**M.Phil.(Organic Chemistry,
H.E.J Research Institute of Chemistry)
Ph.D.(Medicinal chemistry,
Ocean University of China)**



Dr. Kausar Saleem

**Quality
Enhancement Cell**

MBBS (MCPS)



Mr. Jamshaid Khan

Admission Cell

Post RN BSN



Mr. Shahid Khan

Student's Affair

Dr of Pharmacy



Mr. Junaid Gondal

Lecturer

PhD Nursing (Scholar),
MSN, BSN, DcN,
PB ICU, PB Peads, RN



Mr. Main Rehman Ali

Lecturer

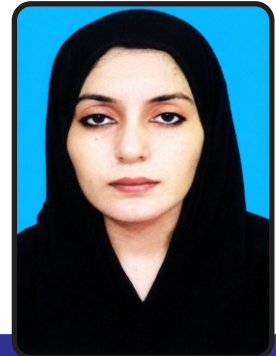
Post RN BSN



Dr. Asma Khatoon

Visiting Lecturer

Ph.D (Pharmacology in progress)



Miss Nahid Shams

Lecturer CMW

Post RN BSN



Mr. Fazal Khaliq Khan

Lecturer

BsCS



Mr. Shah Khalid

FON Lecturer

Post RN BSN (MPH)



Mr. Muhammad Nawaz

Lecturer Anatomy

Post RN BSN



ADMISSION CRITERIA

Generic BSN (4 Years Programme)

Eligibility Criteria

- F.Sc Pre-medical 50% Marks
- Age: 17-35 years
- Entry Test & Interview



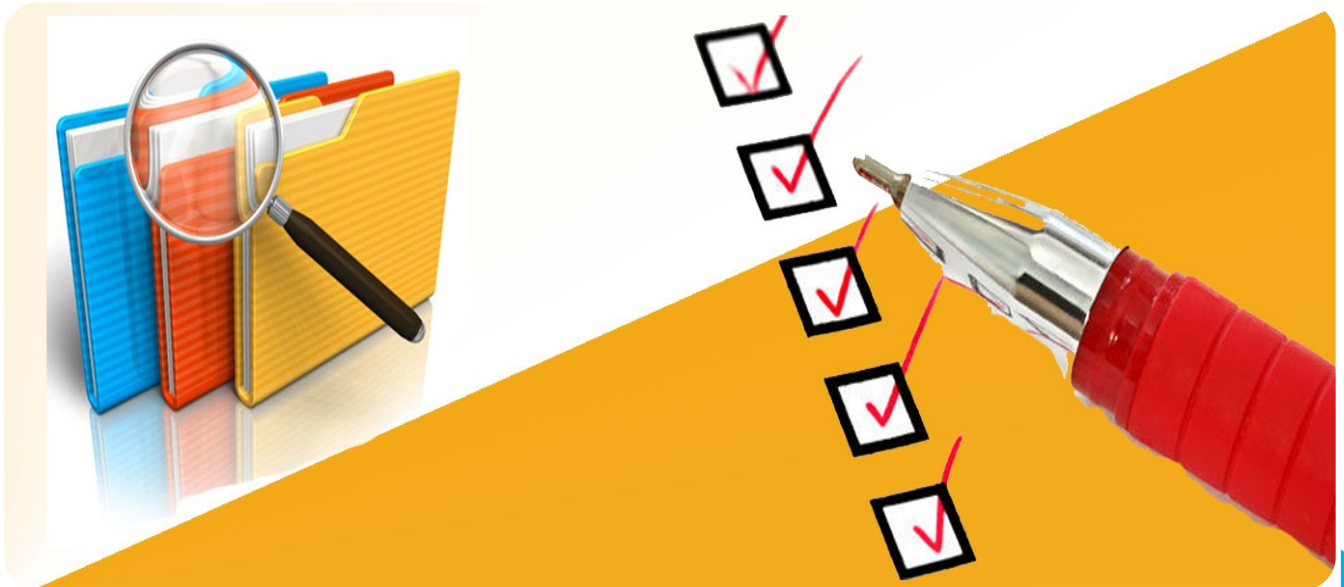
REQUIRED DOCUMENTS FOR ADMISSION

Generic BSN (4 Years Programme)

Provide 3 sets of the following documents

- Matric & F.Sc Marksheet
- Matric & F.Sc Certificate
- Domicile & CNIC
- CNIC of Father/guardian
- Undertaking from student's parents
- 12 fresh photographs (passport size)

Note: Incomplete forms will not be entertained and liable to be rejected



CURRICULUM OVERVIEW

GENERIC BSN (4 YEAR PROGRAMME) BASED ON SEMESTER WISE

DESCRIPTION

The four-year Bachelor of Science in Nursing Programme combines of knowledge, skills and attitudes needed to prepare clinically competent professional nurses to provide holistic and complete care to individuals, families and communities. Graduates of the Programme are eligible for license as Registered Nurses and earn a Bachelor of Science in Nursing (BSN) degree.

Total numbers of Credit hours	124-136	Semesters	8
Duration	4 years	Course Load per Semester	15-18 Cr. Hr.
Semester duration	16-18 weeks	Number of courses per semester	4-6 not more than 3 labs

SEMESTER I						
S.N.	Course	Category	Theory	Clinical	Skills/ Lab	Credits
1	Microbiology	GE (NS)	1.5	—	0.5	02
2	Biochemistry	GE	1.5	—	0.5	02
3	English-Functional English	GE	03	—	—	03
4	Fundamentals of Nursing-I	Major	02	—	01	03
5	Anatomy & Physiology-I	Major	2.5	—	0.5	03
6	Ideology and Constitution of Pakistan	GE	02	—	—	02
7	Information and Communication Technology	GE	01	—	01	02
Total Credits = (17)						

SEMESTER II						
S.N.	Course	Category	Theory	Clinical	Skills/ Lab	Credits
1	Fundamentals of Nursing-II	Major	02	01	01	04
2	Quantitative Reasoning - I	GE	03	—	—	03
3	Anatomy & Physiology - II	Major	2.5	—	0.5	03
4	Applied Nutrition	ID	02	—	—	02
5	Theoretical Basis of Nursing	GE (AH)	02	—	—	02
6	Islamic Studies / Ethics	GE	02	—	—	02
Total Credits = (16)						

SEMESTER III						
S.N.	Course	Category	Theory	Clinical	Skills/ Lab	Credits
1	Professional Communication Skills	GE	03	—	—	03
2	Clinical Pharmacology & Drug Administration- I	Major	02	—	—	02
3	Medical Surgical Nursing-I	Major	03	03	01	07
4	Health Assessment-I	Major	01	—	01	02
5	Pathophysiology-I	Major	02	—	01	03
Total Credits = (17)						

SEMESTER IV						
S.N.	Course	Category	Theory	Clinical	Skills/ Lab	Credits
1	Applied Psychology	ID	03	—	01	03
2	Medical Surgical Nursing-II	Major	03	03	01	07
3	Health Assessment -II	Major	01	—	—	02
4	Pathophysiology -II	Major	02	—	—	02
5	Clinical Pharmacology & Drug Administration-II	Major	02	—	—	02
6	Professional Ethics for Nursing	Major	02	—	—	02
Total Credits = (18)						

SEMESTER V						
S.N.	Course	Category	Theory	Clinical	Skills/ Lab	Credits
1	Civics & Community Engagement	GE	02	—	—	02
2	Pediatric Health Nursing	Major	03	03	01	07
3	Maternal, Neonatal & Child Health Nursing	Major	02	01	—	03
4	Epidemiology	ID	02	—	—	02
5	Infectious Diseases	ID	02	—	—	02
Total Credits = (16)						

SEMESTER VI						
S.N.	Course	Category	Theory	Clinical	Skills/ Lab	Credits
1	Principles of Teaching & Learning	ID	03	—	—	03
2	Public Health Nursing	Major	02	02	—	04
3	Mental Health Nursing	Major	03	02	01	06
4	Introduction to Biostatistics (QR II)	GE	03	—	—	03
5	Culture, Health & Society	GE	02	—	—	02
Total Credits = (18)						

SEMESTER VII						
S.N.	Course	Category	Theory	Clinical	Skills/ Lab	Credits
1	Leadership & Management	ID	02	01	—	03
2	Critical Care Nursing	Major	02	04	01	07
3	Introduction to Nursing Research	Major	03	—	—	03
4	Entrepreneurship	GE	02	—	—	02
5	Elective	Major	02	—	—	02
Total Credits = (17)						

SEMESTER VIII						
S.N.	Course	Category	Theory	Clinical	Skills/ Lab	Credits
1	Geriatric Nursing	Major	1.5	1.5	—	03
2	Trend & Issues In Health Care	Major	02	—	—	02
3	Expository Writing	GE	03	—	—	03
4	Elective	Major	—	—	—	03
5	Clinical Practicum	CP	—	04	—	04
Total Credits = (15)						

Generic BSN PROGRAMME

Kiran College of Nursing & Allied Health Science is affiliated with Dow University of Health Sciences for Generic BSN programme designed to provide students with broad-based education which prepares them to meet the needs of vulnerable health needs of mother home land and make them proficient caregivers, counselors and advocates for their client, family and community at large.

PROGRAM OBJECTIVES:

The Objectives of the Generic BSN Program are to.

1. Produce safe masterly nursing care in a specialized area.
2. Encourage and embolden self-directed and lifelong learning.
3. Inculcate problem solving skills and promote critical thinking.
4. Strengthen the quality of teaching and management in hospital and in nursing domain through teaching with international standards.
5. Instill a theoretical knowledge of principles and methods related to nursing education.



Why KIRAN COLLEGE OF NURSING & ALLIED HEALTH SCIENCE

Kiran offers sufficient and highly qualified faculty with diversified teaching experience. It provides health learning atmosphere and enhance each student's learning abilities, professional skills and critical thinking. Kiran College of Nursing & Allied Health Science personal & career counseling services are provided to all students.



TUCK SHOP & SPORTS AREA



ACCREDITATION

Kiran College of Nursing & Allied Health Science is registered with Pakistan Nursing Council (PNC), Islamabad and the Sindh Government Health Department for Generic BSN (4 year) Programme. We are affiliated with Dow University of health sciences and clinical affiliate with Abbasi Shaheed Hospital

ACADEMIC RULES & REGULATIONS

Institute's Timings

Kiran College of Nursing & Allied Health Science remains open from Monday to Saturday (8 am to 2 pm) morning session and (3 pm to 9 pm) evening session.

Fees Structure

Students are required to submit their all dues, including tuition fee, enrollment fee as per policy. (Attached with prospectus)

Note: 10% Fees will be increased annually.

LEARNING FACILITIES

Class Rooms

Kiran College of Nursing & Allied Health Science has spacious, well ventilated and furnished Class rooms with all modern teaching tools. All lecture halls are fully equipped with Multimedia, LED, White boards and other teaching facilities.



Clinical Placement

The students are located in various units of affiliated hospitals (Abbasi Shaheed Hospital & Civil Hospital) to bring the learned theoretical concepts into practice.

Associated hospitals have general wards, high dependency units and critical care units in all disciplines.



Computer Lab

Kiran College of Nursing & Allied Health Science has a computer lab with high speed internet and having enough computers to adjust a number of students at a same time. Students can have access to online nursing literature and can utilize it for their routine academic learning requirements. Students can avail its facility during the institute working hours.

Library

It is equipped with many national and international books and nursing Journals. It aims to create a productive learning environment and to facilitate students to improve their reading habits.



Audio Visual Lab & Digital Library

Kiran College of Nursing & Allied Health Science has state of the art audio visual lab and digital library. It is special library with a focused collection of visual material, audio material and video material for the use of students.

Skill Labs

Skill Lab is an integral part of clinical learning where nursing students learn a variety of Lab based Nursing skills.

Kiran College of Nursing Allied & Health Science has well equipped skill lab which is practical learning resources for the students. Students can utilize this lab for practical learning purpose. It has models and all modern electronic and manually operated medical instruments.



Science Lab

Kiran College of Nursing Allied & Health Science has well organized science lab which is viable learning asset for the understudies. Science Lab is fully equipped with all necessary equipment's and chemicals for practical activities of Bio-Chemistry and Microbiology. Students can use this lab for practical learning purpose.



Attendance Policy

- Students are required to maintain 90% attendance in theory and practical classes. However, in case of emergency/sickness, students can avail only three days leave i.e 15% of the total attendance.
- If a student misses more than 15% (3days), cumulatively per semester, he/she may be asked to repeat the semester or be withdrawn from the programme.
- No student is allowed to leave class, practical or clinical without permission of the teacher.
- All students must be in the class room according to given schedule for all classes. There will be 10 minutes relaxation for students and they must reach within the time limit otherwise they will be marked as absent.

Leave Policy

- No student can leave the institute without the consent of the principal.
- Only selected days leaves will be given after each term.
- A student must submit leave form and confirm regarding approval from principal's office.
- A student is permitted only for 3 days leaves per semester in case of severe emergency, celebration or demise of any member of instant family.
- A student is not permissible any casual or short leaves.
- A student can benefit sick leave up to 03 days per semester, with subject to provision of medical certificate.

Note: use of mobile phone is strictly prohibited in the class, practical and clinical settings.

Announcement of Grade

Students can get marks sheet or certificate after clearing the dues. They should get clearance from administration office for all payables.

Clinical Nursing Practice

It is obligatory for all students to display innocuous nursing practice consistently throughout the respective programme, which include the complete comply of the students to the following standards.

Student's Professional Appearances & Uniform for Generic BSN (4 Years programme)

1. White pants & shirt with Kiran logo
2. Black shoes & black socks
3. Black belt with dress buckle
4. Wear Kiran I.D Card
5. Shave regularly / beard must be trimmed
6. Short haircut/army style
7. Green jersey in winter season
8. Nails ought to be trimmed and clean.
9. Hair should be neat and well combed.

Note: Students must maintained personal hygiene and all student nurses are required to wear Kiran ID Card throughout their academic hours



Administration Rules and Regulations

PURPOSE

- » These rules establish a disciplined, respectful, safe and high-quality learning environment for all students.
- » Students are expected to develop strong academic knowledge, clinical competence, professional attitude, ethical behavior, communication skills, leadership qualities, respect and accountability.

GENERAL STUDENT CONDUCT

- » Every student shall maintain discipline within the College, laboratory, hospital and clinical areas.
- » Students must respect the Principal, faculty members, clinical instructors, hospital staff, patients and fellow students.
- » Fighting, bullying, threatening, abusive language, harassment or disrespectful behavior will not be tolerated.
- » Students must follow instructions issued by College administration and faculty and protect the dignity and reputation of the College and profession.

ATTENDANCE & PUNCTUALITY

- » Regular attendance is essential for quality nursing education. Students must attend scheduled lectures, tutorials, demonstrations, examinations and clinical activities.
- » Students must meet the minimum attendance requirements prescribed by the College, affiliating university and PNMC.
- » Clinical attendance is compulsory. Students must report at the assigned time and must not leave the clinical area without permission.
- » Repeated lateness or unauthorized absence may result in disciplinary action and/or make-up academic or clinical requirements according to College policy.

UNIFORM & PROFESSIONAL APPEARANCE

- » Students must wear the prescribed clean, neat and properly maintained College/clinical uniform and display their College ID card.
- » Hair, nails, footwear and personal appearance must be clean and professional. Excessive jewellery, inappropriate accessories or appearance unsuitable for clinical practice are not permitted.

ACADEMIC EXCELLENCE

- » Students must prepare before classes, revise regularly, participate in presentations and discussions, practice skills, seek help when needed and aim for continuous improvement rather than merely passing examinations.

RESPECT & ANTI-HARASSMENT POLICY

- » Kiran College is committed to a safe and respectful environment. Verbal, physical or sexual harassment, cyber harassment, bullying, threats, humiliation and intimidation are prohibited.

LEAVE POLICY

- » Leave must be requested through the prescribed procedure. Medical leave may require a valid medical certificate. Missed academic or clinical requirements must be completed according to College policy.

QUALITY EDUCATION COMMITMENT

KNOWLEDGEABLE: Strong theoretical foundation and evidence-based understanding.

SKILLED: Competent in nursing and allied health procedures.

HOSTEL FACILITIES

Kiran College of Nursing & Allied Health Sciences facilitates its student and provides many facilities to encourage the students and gives congenial environment. Institute also encourage students from all over Pakistan and provides hostel facility to reside in peaceful and healthy atmosphere. It has capacious rooms, furnished with all daily life necessities. Hostel accommodation can be easily availed by furnishing management's requirements after filling the application form, which is easily available at admin office. Each resident is supposed to maintain hostel discipline, hygiene and environment.

Institute is not only concerned with students' studies and skills but also maintains students' health and fitness. Hostel has a big and splendid Common room for boys, furnished with furniture, a mega screen TV, indoor games and different reading material to enhance students' critical thinking. Hostel has a kitchen facility too, where all the food is prepared under the warden's super vision and maintain cleanliness and hygiene.



NOTE: Hostel form and fees structure is available from admission office after admission.



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